Employee Assistance Program

Financial Resources—Governmental and Non-Governmental

www.FOH4YOU.com

Your Federal Occupational Health (FOH) Employee Assistance Program (EAP) provides financial consultation services, including free phone consultation, as well as an extensive library of materials and financial tools online. Legal consultations are also available on topics outside of those related to employment law. To access free consultation services call **1-800-222-0364**.

www.mymoney.gov

MyMoney.gov is the U.S. government's website dedicated to teaching all Americans the basics about financial education. "Whether you are planning to buy a home, balancing your checkbook, or investing in your 401k, the resources on MyMoney.gov can help you do it better." Throughout the site, you will find important information from 20 federal agencies government wide. Telephone services available: **1-888-MYMONEY**.

www.hopenow.com

HOPE NOW is connected to the U.S. Department of Housing and Urban Development (HUD). It's an "alliance between HUD-approved counseling agents, mortgage companies, investors and other mortgage market participants" that provides free foreclosure prevention assistance. Counseling organizations play a key role in the success of HOPE NOW, providing borrowers in-depth debt management, credit counseling and overall foreclosure counseling. Telephone services available: **1-888-995-HOPE**.

www.fdic.gov

Federal Deposit Insurance Corporation: Click on "Quick Links for Consumers and Communities" for many resources, including information on specific banks and whether deposits are insured.

www.extension.org/personal_finance

eXtension is an "interactive learning environment delivering the best, most researched knowledge from the smartest land-grant university minds across America." Highlighted is the section on personal finance, which offers multiple resources on financial matters, the opportunity to ask questions of experts, and a link to local resources. Services are connected to the Cooperative State Research, Education and Extension Service (**www.csrees.usda.gov**) within the U.S. Dept. of Agriculture (USDA).

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www.feea.org

The Federal Employee Education and Assistance Fund (FEEA) is the "only non-profit organization devoted solely to helping civilian federal and postal employees." FEEA helps federal employees through three signature programs: the Emergency Assistance Program, the Child Care Subsidy Program, and the Annual Scholarship Competition. FEEA partners with some three dozen membership organizations, unions and federal agencies to administer special programs that are available only to their members.

www.debtadvice.org

A service of the National Foundation for Credit Counseling or NFCC (**www.nfcc.org**), DebtAdvice.org is designed to "help consumers understand the wise use of credit and locate a trained, certified counselor if you are in need of assistance." Information is provided by NFCC members, most of them known as Consumer Credit Counseling Services (CCCS), and there are links to consumer credit counseling services nationwide.

www.360financialliteracy.org

A service of the American Institute of Certified Public Accountants or AICPA (www.aicpa.org), 360 Degrees of Financial literacy is a national volunteer effort of the nation's Certified Public Accountants (CPAs) to help Americans understand their personal finances and develop money management skills. It focuses on financial education as a lifelong endeavor—from children learning about the value of money to adults reaching a secure retirement. There are links to CPA state resources, government information, and an opportunity to ask volunteer experts general financial questions.

NOTES: