

Guard En Of Youth

To Support the Social, Emotional, and Academic Needs of National Guard Children and Youth

Spring Edition 2011

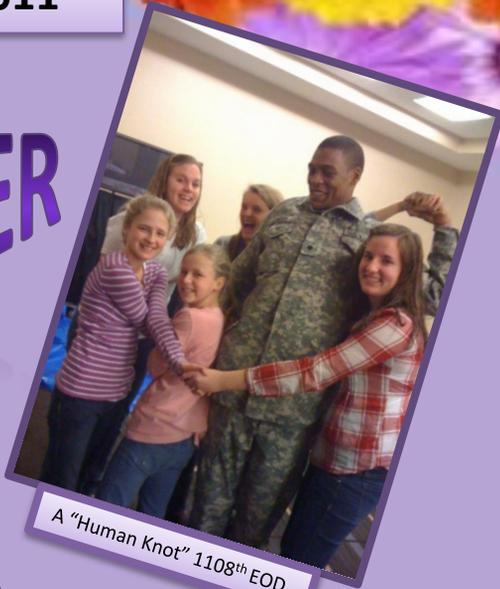
SUMMER

CAMPS

ISSUE



1108th EOD youth making Valentine's Day card in Saratoga Springs on February 12-13.



A "Human Knot" 1108th EOD



The Youth Program presenting a quilt to the 107th MP's in Utica on January 9

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NY National Guard and Youth Programs
Brings You:

Jr. Counselor Training

At Pioneer Camp in Angola, New York



July 11th – 15nd 2011

Come join the Youth Program at Camp Smith, NY to partake in the Annual Jr. Counselor Training. Training will consist of The Babysitter Course, First Aide, CPR and AED Training and the Jr. Counselor Training. The whole training will be 2 and half days, and all participants will be staying over on the camp ground of Pioneer Camp.

Please Contact Colleen Casey (colleen.e.casey@us.army.mil or 518-786-4614) or Keri O'Neil (keri.j.oneil.ctr@us.army.mil or 518-786-4904)



Cabins



DINING FACILITIES

NY National Guard and Youth Programs
Brings You:

Jr. Counselor Training

At Camp Smith, New York



July 18th – 22nd 2011

Come join the Youth Program at Camp Smith, NY to partake in the Annual Jr. Counselor Training. Training will consist of The Babysitter Course, First Aide, CPR and AED Training and the Jr. Counselor Training. The whole training will be 2 and half days, and all participants will be staying over at Camp Smith.

Please Contact Colleen Casey (colleen.e.casey@us.army.mil or 518-786-4614) or Keri O'Neil (keri.j.oneil.ctr@us.army.mil or 518-786-4904)





New York District Kiwanis Foundation Inc.

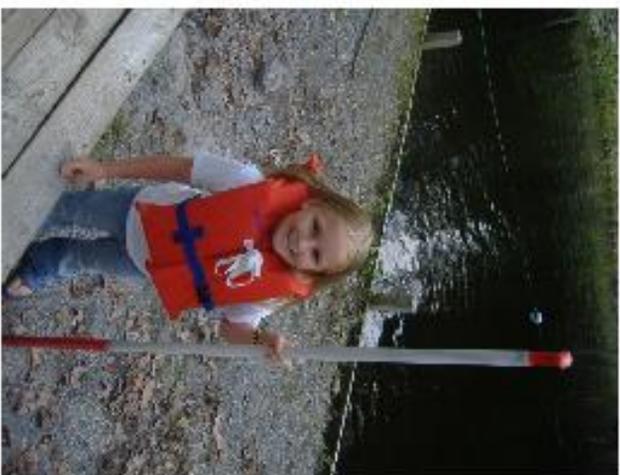
Kamp
Kiwanis®

FREE



OVERNIGHT SUMMER CAMP FOR CHILDREN OF MILITARY & BASE PERSONNEL AGES 8-14 AT KAMP KIWANIS IN TABERG, NY

Week 1-July 10 — July 16 **Week 2 July 17 — July 23** (accepting nut allergies)
Week 3 July 24 — July 30 **Week 4 July 31 — August 6**



Kamp Kiwanis is located in upstate New York and provides a wide range of fun and safe activities for children. The NY District Kiwanis Foundation wish to provide this opportunity for your children to honor those people who are in the military or those who work at our military bases. Our highly trained staff are a mix of local and international college age young adults. Our staff ratios are well above those set by American Camp Association standards, providing a safe and supportive atmosphere for your children. We also serve children with a variety of special needs and camp is ADA compliant. This experience is provided to you, free of charge in the summer of 2011.



For more information, contact:
Joanne Murphy
Army National Guard Family Programs Office
518-285-5830
Joanne.m.murphy@us.army.mil

This program is the New York District Kiwanis Foundation, Inc. Kamp Kiwanis is licensed by the Oneida County Department of Health, is inspected by the Office for Persons with Developmental Disabilities and is accredited by the American Camp Association.
www.kampkiwanis.org 315-336-4568 kampkiwanis@hotmail.com

"Take a Break" Camp 2011



Pioneer Camp and Retreat Center, Inc.
9324 Lake Shore Rd. Angola, NY 14006
Address Service Requested

Pioneer Camp and Retreat Center, Inc.



"TAKE A BREAK" CAMP

For Military Youth
Ages 8-14



July 10-15, 2011

Pioneer Camp and Retreat Center, Inc.
9324 Lake Shore Rd.
Angola, NY 14006
(716) 549-1420 ph
(716) 549-6018 fax
www.pioneercamp.org
info@pioneercamp.org

What is "Take a Break" Camp?

"Take a Break" Camp is the only camp program in Western New York designed specifically for military youth and is offered by Pioneer Camp. Last year Pioneer Camp hosted Operation Purple@ Camp, a summer camp program of the National Military Family Association, for military children, however, Operation Purple@ Camp is not being offered in the Western New York region in 2011 because of reduced National funding. This program is designed as a time away for military kids. A time to meet other kids who are part of the military community and to enjoy swimming, boating, games, sports, crafts, music, low ropes challenge course elements, nature walks, and more. In addition, children are able to take part in "military fun" activities such as sleeping out, eating MRE's, practicing orienteering, and teambuilding exercises.



Who Can Attend "Take a Break" Camp?

Children ages 8-14 years old. All military children are welcome; those whose parents have been, are, or will be deployed have first priority to attend.

When is "Take a Break" Camp?



July 10-15, 2011. Registration is from 2-4pm on July 10th. Departure is at 10am on July 15th. Pioneer invites all military families to join us prior to registration for our Annual Summerfest. A Chicken BBQ will be available from 11:30am-3:30pm. There will also be fun activities throughout the day for the entire family.

Where is "Take a Break" Camp?

Pioneer Camp and Retreat Center, just south of Buffalo on the shores of Lake Erie in Angola, NY. Pioneer is one hour from Niagara Falls and Jamestown and 2 hours from Rochester, NY.



Pioneer Camp and Retreat Center has been a cornerstone in Western New York since 1945 serving families, children, individuals, and groups year round. Pioneer Camp offers multi-faceted programs, excellent lakefront facilities, and dedicated staff to meet the diverse needs of our community including: residential camping, outdoor education, organizational retreats, community outreach initiatives, leadership training, reunions for families and groups, respite programs, a "team-building" challenge course and more. Serving over 7,500 people annually, Pioneer Camp does not discriminate against anyone because of race, color, creed, or religious affiliation.

How to Register and Cost...

Registration Procedure: Registration opens on **March 15th**. A registration form is attached and is available online at www.pioneerccamp.org. Mail completed form with \$50 camp fee to Pioneer. A confirmation letter will be sent with a medical form and all other pertinent information. Medical forms must be completed and returned two weeks prior to camp in order for camper to attend.

Acceptance: This camp session is limited to 100 children. First priority will be given to children whose parent(s) have been, are, or will be deployed within an 18 month window and will be accepted on a first-come, first-serve basis. Children not in that criteria will be waitlisted until May 5. After May 5th, all remaining openings will be open to any military children with waitlisted children having first priority.



Cost: Pioneer will require a **\$50 payment per family**. The actual cost of the camp session is \$350. However, Pioneer is working with individuals and organizations to collect scholarship money. This payment is to be sent to Pioneer with the registration form. If your family is able to pay an additional amount, Pioneer would accept that amount as a donation to that general scholarship fund.

Why "Take a Break" Camp?

The purpose of this program is to support military families by offering a week of fun and recreation for military kids, our youngest heroes, and to connect them to other youth who are part of the military community. We want to give kids new skills, new friends, and memories that will last a lifetime! We can't wait for you to come!

Camp Opportunities for Military Families:

Bring your family to Pioneer Camp in Angola, NY for a weekend of relaxation and family fun! "Take a Break" and join us for campfires, games, swimming, boating, relaxing, and more! Family friendly housing, delicious meals, many optional family activities, and free time opportunities will be provided at a minimal cost. SPACES ARE LIMITED.

Dates are August 26-28. Cost: \$50 per family
Please contact our office for more information at 716-549-1420
(phone) or info@pioneerccamp.org (e-mail)



Registration Form: "Take a Break" Camp July 10-15, 2011

Registration Opens **March 15th** and Closes **April 25th!** Please send this completed form with payment to: Pioneer Camp 9324 Lake Shore Rd Angola, NY 14006

Child's Name: *(first & last)* _____

Age: _____ Birthdate: _____ Gender: _____ Shirt Size: _____

Parent/Guardian: _____ Phone: _____

Address: _____

City, State, Zip _____

Parent Email: _____ Parent Cell phone: _____

Service Member: _____ Relationship to Camper: _____

Branch of Service: _____ Deployment Report Date: _____ End Date: _____

Emergency Contact: _____

Relationship to Camper: _____ Phone: _____

Photo & Video Release: During the run of it's programs, Pioneer staff may take photographs of various program activities and participants for future promotional use. If you DO NOT consent to having your child's image/licenses used in promotional materials, check the box to the left. (Consent not required for attendance.)

Signature: _____ Date: _____

For VISA, MASTERCARD, DISCOVER payment: charge amount _____

Name on card: _____

Card Number: _____ Exp. _____

Signature: _____ V-Code: _____

Date Rec'd _____

Amount Rec'd: _____

Balance Due: _____

Ask Sent: _____



OPERATION: MILITARY KIDS

FAMILY WEEKEND

DAY CAMP



Cornell University
Cooperative Extension
Jefferson County

A wonderful way to just relax and connect with your family

Where? 4-H Training Center
Saratoga Springs, NY



When? August 6 from 9AM-6:30PM (Lunch and dinner provided on Saturday,
August 7th from 10AM-2PM (Lunch provided on Sunday)

Who? Open to military families with youth of all ages.

Cost? FREE!!!! Registration is first come first serve and limited to first 60 participants.

Come join in the activities of this two-day, family fun event and meet other military families who share your experience.



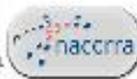
Available Activities include:

- Shooting Sports
- Mobile Tech Lab
- Geocaching
- Arts/Crafts
- Photography
- Outdoor Cooking
- Hiking
- Campfire
- Fishing

For more information or to request a registration form please contact Barbara Kessler-bdk49@cornell.edu or (315)788-8450 ext. 232



Cornell University
Cooperative Extension



Operation Military Kids is a partnership of Army Child, Youth & Soldier Services, 4-H National Leadership Office, and Cornell University. Operation Military Kids is supported by the U.S. Army Youth Development Program and is a proud sponsor of the 2017 National Youth



CAMP C.O.P.E. at Mo Ranch

Join us for a fun family weekend!!!

Mo Ranch Conference Center
2229 FM1340 Hunt, TX 78024
May 13th – 15th, 2011

Meals and Lodging are provided

Camp C.O.P.E. teaches coping skills to the children/teens of service members who:

- Have returned from deployment
- Are currently deployed
- Are preparing for a deployment
- Have been injured during a deployment

***While the children attend the Camp COPE sessions the parents have the option of attending a relationship enrichment class or a parenting support group. Babysitting is offered for children under the age of 4, while you attend the classes.*

Space is Limited so register soon!

To register:

Go to www.campcope.org

Print off the forms and send back to us:

1. Mail forms to 6119 Greenville Ave # 625 Dallas Texas 75206
2. Fax to Camp COPE at (214) 824-3777
3. Scan and email to campcope@yahoo.com

Killeen Area families can drop off their forms at the following two locations:

****Oveta Culp Hobby Soldier and Family Readiness Center, Building 18000**

****Soldier and Family Assistance Center, Building 36042**

Van Epps Family, TX - I wanted to tell you how wonderful I thought Camp COPE was. My boys both got so much out of it and asked if they could go to "camp" every Saturday. Even at age 5, I can see them using some of the skills and tools you all provided them with. I especially like the "worry dolls" and they have used them every night since. It seems to be very comforting for them. THANKS to you all again.

Carr Family, NC - I wanted to send my sincere thanks for a FANTASTIC program today. This program went way beyond my expectations. I cannot tell you how excited my kids were to tell me all about their day and to show me all of their things. I have not seen them both that excited about something in a long time. I was not going to stay for the parent program today and I am so very glad that I did. Laura did a fabulous job and really helped me get some incite to help my children. I really hope that you are able to put this program on again because I really feel that military parents and kids need this kind of help! Thank you so much!

For Questions call 214.991.2673 (cope) or 214.886.4210 or 817.715.2785

Our mission is to provide a meaningful and exciting camp experience for kids whose lives have been affected by a veteran's disability.

**CAMP
CORRAL**

*2011 Summer Camp for children
of wounded or disabled military families.*

How to apply to Camp Corral

Camp Corral is free of cost* to children of wounded or disabled military families ages 8-15, and is limited to 400 campers.

To apply, please visit
goldencorral.com/campcorral
or call toll-free 1-855-605-1267
for more information.

**Parents are responsible for cost of transportation to and from camp.*

Please donate to Camp Corral

Thanks to the generosity of Golden Corral guests, Camp Corral is available at no cost other than transportation to and from camp.

Your donation will help children experience the week of a lifetime at Camp Corral. Donations can be made at any Golden Corral Restaurant. See the cashier for details.



Help Yourself to Happiness

The week of a lifetime!

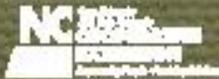
**2011 Summer Camp for children
of wounded or disabled military families.**



Millstone 4-H Camp • Elerbe, NC • millstone4hcamp.org

Millstone 4-H Camp
Elerbe, NC

July 3-8
July 17-22
July 31-August 5



The week of a lifetime for children of wounded or disabled military families.

Camp Corral is a place where kids are free to be kids, apart from the day-to-day challenges they may face as children of wounded or disabled military families.

Camp Corral is a special experience that will create lifetime memories – a full week with friends who can relate, packed with non-stop fun and all the camping can-do's they love:

- Canoeing and Kayaking and Fishing in the camp's 17-acre lake
- Target Sports • Camp Fire stories
- Ropes Course • Sleeping in cabins
- Horseback Riding • Crafts
- Swimming



All-Inclusive: Families pay only for transportation to and from camp.

After years of honoring Disabled American Veterans through our Military Appreciation Monday, Golden Corral Restaurants are grateful for the opportunity to provide a fun filled camp experience to the children of these American heroes, at no cost to them.

Camp Corral is offered in partnership with Millstone 4-H* Camp, established in 1917 and recognized for its expertise in developing programs and activities as well as managing the day-to-day operations of a camp and its residents.

Fully accredited and bearing the ACA designation, Millstone is nestled in the tall pines near Ellerbe, NC. The camp covers 320 acres of undisturbed woodlands and is situated within the 60,000-acre Sandhills Wildlife Management Gamelands.

July 3-8
July 17-22
July 31-August 5

**CAMP
CORRAL**

10

*4-H is the youth development program of N.C. Cooperative Extension.

Guard En Notes

MORE CAMPS

Tranquillity Camp Inc., Earlton, NY

Dedicated to providing free, quality, overnight camping experience for children ages 8-14.

2-week session August 10-23

Contact Richard Lerner for more information and an application

campty@msn.com

(518) 634-2738



MVP Basketball Day

Camp, White Plains, NY
Multiple day programs for boys and girls ages 6-16
July 11-15; 18-22; 25-29;
August 1-5
9AM to 4PM

<http://www.mvpbasketballcamp.org/index.html>

(914) 946-1231



Aldersgate Camp & Retreat Center

Camp Dates

Sunday, July 31, 2011 -
Friday, August 05, 2011

Camp Ages

8-12 years old
13-17 years old

Camp Contacts

Deborah Townsend
315-348-8833

deb@aldersgateny.org

Ellen Chamberlain
315-348-8833

info@aldersgateny.org



FREE SUMMER CAMP

Scholarship opportunity for Air Force youth 8-13 years old during the weeks of 2-15 Aug 11. Island Lake Camp, located in the Pocono Mountains of Pennsylvania where camp tuition is being provided at no-cost through a generous offer from the Island Lake Camp owners who wish to support military families. Direct ALL Air Force camp selection questions to David Brittain at 703-604-6427 or Stacey Young at 703-601-4080.

13 different camps throughout NYS providing a safe, thriving environment for young people to explore personal interests, build self-esteem, develop interpersonal skills, discover the creativity and health benefits of the outdoors, and make lasting friendships and memories. To find a camp closest to you, go to: <http://www.ymca.net/find-a-y-camp/?state=NY>





FUNDRAISER TO BENEFIT

New York National Guard Family Readiness Council, Inc.



4th ANNUAL HOMETOWN HEROES RUN

Certified by USA Track & Field

5K RUN & WALK



Sunday, June 12, 2011 9:15 AM

The Crossings of Colonie 580 Albany Shaker Road

Team Name: _____ # of Team Mbrs: _____ M, F, or CoEd: _____

First Name: _____ Last Name: _____ Gender: _____

Birth Date: _____ Age: _____ Email: _____ Phone: _____

Mailing Address: _____

_____ Individual Registration \$20.00 Early Registration	_____ Team (min. 6 people) \$20.00 per Team Member After June 10th
_____ Individual Registration \$25.00 After June 10th	_____ Team (min. 6 people) \$25.00 per Team Member After June 10th NO RACE DAY TEAM REGISTRATION

****First 250 Paid Registrations receive a Race T-Shirt****

*All Team Members must register Individually * Businesses are encouraged to form Teams * Chip Timing

Waiver: In consideration of this entry by participant, I hereby certify that, on behalf of myself, my heirs, estate, successors, and administrators, we hereby and all heirs and claimants, damages may have against the New York National Guard Family Readiness Council, Inc., race committee members, race officials and any and all sponsors and the directors, officers, employees and agents of such parties, their representative successors, and assigns even though these liabilities may arise from negligence or carelessness on the part of persons named in this waiver. I acknowledge and accept all the risks inherent in participating in a Road Race. Further, I hereby grant full permission to any of the foregoing parties, individually, jointly, or in combination of them to use my name for any legal or illegal purpose.

Signature: _____ Date: _____

Parent's Signature: _____ Date: _____
(Required for minor under the age of 18 years)

Register online at: www.NYFRC-INC.ORG

or

Mail completed registration form with payment to:
NYNGFRC, 595 New Loudon Rd #170, Latham, NY 12110

Guard En Notes

MILITARY CHILDREN OF THE QUARTER



When I think of what it takes to be an outstanding youth a few words come to mind; respectful, responsible, polite & courteous, and being a role model for others. Each of these words represent my daughters Emma and Katie Touchette. In addition to the tough job of being a military child, my daughters have had a lot of struggles and hurdles to overcome in the last 2 years. They

suffered the loss of their grandfather suddenly as well as the loss of two great-grandmothers.

In addition, we moved from the city to the country and their father was also deployed.

I was worried that after everything we had been through the girls would have difficulty adjusting to a new school and being taken away from their friends. This was hardly the case. They have adjusted beautifully. In addition to their regular course work they have taken on extracurricular activities such as Odyssey of the Mind Competition, Marching Band, Jazz Band & Select Choir, NYSMA Competition, and sports such as bowling, figure skating, and softball.

On top of all their school work and extracurricular activities both daughters hold volunteer positions with a local nursing home for women. The girls will often spend days off and vacations working at the nursing home where they work with the elderly women doing odd jobs such as serving food, working fund raisers, and just being there for company.

I am amazed by my daughters every day, they make me proud to be their mom. They are an inspiration and confirmation that I have instilled the very best characteristics and traits to know that one day they will grow up to be strong, independent women. In conclusion, I wish to nominate both my daughters, Emma & Katie, for a joint award of Military Youth of the Month. Thank you for your consideration of this award,
Mom – Laurie Touchette

Do you have an outstanding child? Send in a brief bio with picture, you could be in the next newsletter!

Guard En Notes



**First Time- 2011 Joint Reserve Component Teen Leadership Summit
10-15 July 2011**

Wahsega 4-H Center: Dahlonega, Georgia

The 2011 Joint Reserve Component Teen Leadership Summit is open to 14-18 year old dependents of current military members serving in the Army National Guard, Army Reserve, Marine Corps Reserve, Navy Reserve, Air National Guard, Air Force Reserve, and Coast Guard Reserve. Airfare, transportation while at the Summit, camp registration fees, meals, and lodging are covered by grant funding from the Extension-Military Partnership through funding from the Office of Secretary of Defense-Military Community and Family Policy and National Institute of Food and Agriculture/US Department of Agriculture. Teens are required to complete basic contact/travel information and submit essays from a topic list found on the website. Additional information, including instructions for teen applicants is available at <http://www.georgia4h.org/jointreservesummit> Application deadline is 20 May 2011.



The NY Mets would like to honor you and/or a family member that served (or is currently serving) in the United States Military. With this opportunity, the honoree will receive a total of four tickets for free (seats are located in the front row, on the 3rd baseline). During the 3rd inning, the honoree will be publicly recognized by the NY Mets. Your picture will be displayed on the play-by-play screen in center field and the announcer will read your military biography. Please note: this is for veterans from any era. In order to be considered for this opportunity, please contact Tony Ntellas, WWP Alumni Manager, at tnrellas@woundedwarriorproject.org or 386.867.1955.

Guard Teen Panel Member

Name: Lydia Cartagena

Region: 2

States Included: NJ, NY, PR and VI

Home State: New Jersey

Service Branch: Air Guard

Email: lydiacartagena@gmail.com



Lydia accepting an award from LTC Hilland and Cherie Murphy

For the past 4-5 years I've volunteered with NJ State Youth Coordinator; Amanda Balas at various programs hosted for youth. I've acted as one of the chaperones and a helping hand to ensure kids safety as well as help them with activities. I've volunteered at National Guard Youth Day at a local YMCA and helped at several National Guard Holiday parties. For the Guard Youth Program I've represented New Jersey in the 2008 and 2007 Leadership Symposiums in St. Louis and Chicago. I've also attended youth camps such as the 4-H Leadership Camp in Georgia and the camp within my state.

What is the Guard Teen Panel?

The National Guard Teen Panel consists of ten regions. Our region is region two. As a panel member, it is my responsibility to represent the teens and youth in region two and speak on behalf of them to ensure that their concerns are addressed and fixed to the best of our abilities. Typically, these concerns are brought to a higher power that can make successful changes. In order for me to represent our region, I work with the State Youth Coordinators (SYC'S) who know their area and their teens needs best.

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Guard En Notes

Announcing our Delegates



for the National Symposium. They will travel to Louisville, KY to represent the New York National Guard youth July 24-28.



Jessica Turner, Army



Hayley Strasburger, Air

Two youth delegates (one Army and one Air delegate) attend the National Symposium every year. Youth delegates must be 14-17 years of age and/or in grades 9 through 12 to apply. Youth delegates must not turn 18 years of age prior to the Symposium. The final selection is made by the Family Programs Director.

Guard En Notes

The Story of Hooah



Have you ever been watching TV or a movie and heard "HOOAH" and wondered what it was or what it meant. Hooah is a US Army battle cry that means anything but no. While no one really knows how the word originated (or even how to spell it correctly) there are dozens of theories as to where it came from. One theory is that on D-Day, 1944, on Omaha Beach, near the sea cliffs at Point Du Hoc, General Cota, the 29th Division Assistant Division Commander, jogged down the beach toward a group of Rangers from the 2nd Ranger Battalion, and asked, "Where's your commanding officer?" They pointed him out and said, "Down there, sir." General Cota reportedly followed their direction and, on his way down the beach, said, "Lead the way, Rangers!" The Rangers from 2nd Bat reportedly said, "WHO, US!?" General Cota thought he heard them say "HOOAH!" He was so impressed with their cool and calm demeanor, not to mention their cool term, hooah, he decided to make it a household name.

Thank you Tom Wojcikowski
NYS 4-H Military Clubs Coordinator



Do want to submit to the
Guard En of Youth?

Usage of Hooah

- Some believe that the term may mean, "Look at me. I am a warrior. I am ready."
- What to say when at a loss for words
- "Good copy"
- "Roger," "solid copy," "good," "great," "message received," "understood," "acknowledged"
- "Glad to meet you," "welcome"
- "All right!"
- "Thank you"
- "You've taken the correct action"
- "Outstanding!"

AFRAID I used to be afraid of heights and afraid of the dark and things that bite and strange old ladies who always mumble and lions and tigers in the jungle, mosquitoes that bite and bees that sting. I was of everything but then one day I realized that it might be very wise to make believe I didn't care and what do you know, I was not scared. So if you pretend you're brave and strong, you find you can't go wrong, so what if your courage isn't real, it's what you feel that matters. Poem Submitted by Lucas Casey, 10



Prepare for a Career Transition

Search for a Job

Write a Resume

Prepare for an Interview



Free Career Help & Resume Writing

For Service Members and Spouses

www.tutor.com/military



This program is provided by the Department of Defense. Go to www.tutor.com/military/get-access to see a complete list of who is eligible to access the program.

tutor.com
Adult Learner and Career Help

Guard En Notes

Resources



- ✓ Quarterly Newsletter
- ✓ Military Youth Pen Pals
- ✓ Jr. Counselor Training
- ✓ Teen Council



Operation Military Kids (OMK) builds partnerships to increase capacity for youth, families and communities to support youth of Military Families.



Providing high-quality, affordable military-sponsored child care subsidies for qualifying Service Members.

24/7 program offering information, referrals and support to Service Members and their Families.



Grants available to pay the fees for children of deployed Service Members to participate in youth sports, fine arts, and tutor programs.

A national, nonprofit organization that informs, trains, and supports professionals, policymakers, and parents in their efforts to improve the lives of infants and toddlers.



(MCEC)'s work is focused on ensuring quality educational opportunities for all military children affected by mobility, family separation, and transition.

Colleen E. Casey, Youth Coordinator and Editor

330 Old Niskayuna Road, Latham, NY 12110

(518)786-4614 office

(518)786-6060 fax

colleen.e.casey@us.army.mil